Lesson Name: Healthy Relationships

CACREP STANDARD(s):

Aligned KPI:

Textbook Chapter: CV Chapter 8

Type of Knowledge: Procedural / Declarative / **Both**

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| G – My GOAL for this lesson is… |
| Goal 1: Define what a healthy relationship is. This includes individual characteristics, expectations, and how they are presented and perceived. Goal 2: Apply skills professionally. |
| A – I will ACCESS PRIOR KNOWLEDGE by… |
| * Menti question “What is a healthy relationship?” then discussing student answers from the board. We will see live answers from there and can discuss their answers and how they connect to their lives.
* Ask the class to do a think pair share and discuss a time when someone showed a quality discussed above and how that positively impacted your relationship with them. This allows them to connect material that they have already learned and create new connections with the new material.
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| N – I will present NEW INFORMATION through… |
| * Connecting the class topics/presentations that have been given for students to learn and apply for Skills B. This includes genuineness, self-disclosure, 3 “R” skills (reluctancy, resistance, and referring), ethical decision-making, and cultural awareness. They can apply these characteristics to their closest interpersonal relationships personally and professionally.
* Creating problem-solving strategies within their interpersonal relationships
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| A – My students will APPLY new knowledge and/or skills by… |
| * Completing a Microsoft Form “knowledge check” (ungraded) to see how well they absorbed the material.
* Answer the case vignettes in their table pairs and discuss problem solving skills that we learned in class
* Asking students to get into their groups (there are 5 altogether) that picked from the bag in the beginning of the class to answer questions as a group and present them in class. The bag is a dark color, so it is randomized.
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| G – We will review our GOALS by… |
| * Filling out the Exit Ticket and answering the question “Briefly describe when you can apply these skills in your profession and how it will create a healthy relationship” to help them tie together older and newer concepts.
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Assessments needed:

* Menti for the APK
* Microsoft forms for the knowledge check after presenting new information.